

CURRICULUM VITAE
Prof. Sabine Pahl, PhD, MSc, Dipl.Psych.
(January 2022)

Environmental Psychology Group, Institute for the Psychology of Cognition, Emotion & Methods, Faculty of Psychology, University of Vienna, Wächtergasse 1, 1080 Vienna, AT

Web-sites <https://env-psy.univie.ac.at/>

Email sabine.pahl@univie.ac.at

<https://www.plymouth.ac.uk/staff/sabine-pahl>

Phone ++43 1 4277 47150

@sabinepahl <https://www.linkedin.com/in/sabine-pahl-459480a/>

PROFILE

Research focus. I am an Environmental Psychologist doing basic and applied research and specialised in interdisciplinary collaboration. My applied work focuses on perceptions, attitudes and behaviour change, particularly in the areas of plastic pollution, energy efficiency, and protection of natural environments. I also investigate the restorative effects of natural environments, including the use of natural environments in healthcare. My basic research has been in social cognition, e.g., construal level and memory and judgmental and self-other biases such as unrealistic optimism.

Grants & Publications. I have been involved in attracting funding in excess of £51m since 2010 (approx. £2.5m as Principal Investigator) from UK research councils (EPSRC & ESRC), UK government departments (DEFRA & DECC), EU funding bodies (ESIF, FP7, H2020) and the United Nations Environment Programme (UNEP). Publications include papers in Nature Human Behaviour and Scientific Reports, with 80 peer-review publications since 2010 (google h-factor = 35). I currently serve on the Editorial Boards of the two leading journals in the field of Environmental Psychology, the Journal of Environmental Psychology (since 2018) and Environment & Behavior (since 2014) and the new interdisciplinary Journal Microplastics and Nanoplastics.

Impact. My projects typically span research and application in interdisciplinary teams. I have provided science advice and input into policy at national, European and international levels, always contributing psychological and behavioural science perspectives. At the international level, I have worked on two microplastics reports with the Joint Group of Experts on the Scientific Aspects of Marine Environmental Pollution, and have joined a new project in 2020 (GESAMP WG40, <http://www.gesamp.org/>), and I recently led a UNEP-funded global stocktake of actions against plastic pollution. I was co-chair of an interdisciplinary working group that reported to the EU Group of Chief Scientific Advisors (SAPEA, 2019, <https://www.sapea.info/topics/microplastics/>), and I have contributed to a G7 working group in Oct 2019 and a WHO working group in March 2020. My work contributed to the impact case study submitted by the University of Plymouth within the Research Excellence Framework (REF).

EMPLOYMENT

- Professor of Urban and Environmental Psychology, University of Vienna, Austria since 2020
- Professor of Applied Social Psychology, University of Plymouth, UK 2019 -2020
- Associate Professor (Reader), University of Plymouth, UK 2012 - 2019
- Lecturer / Assistant Professor, University of Plymouth, UK 2006 - 2012
- Assistant Professor (C1), University of Erlangen-Nuernberg, Germany 2003-2006
- ESRC Postdoctoral Fellow University of Sheffield, UK 2002-2003

EDUCATION

Doctor of Philosophy (PhD) University of Sheffield, UK 2002
Examiners: Prof Constantine Sedikides and Prof Paschal Sheeran.
Thesis: Comparison focus in self-other judgements.
Ph.D. course University of Sheffield, University bursary

(transfer from University of Exeter with supervisor)	2000-2002
Ph.D./MPhil course University of Exeter, funded by the Millhayes Foundation.	1999-2000
Accreditation as an Associate Teacher in Higher Education	2001
Staff and Educational Development Association, UK (SEDA).	
Diplom (1st Class) in Psychology , University of Bremen, Germany	1999
Thesis: Defensive pessimism, self-handicapping and relative biases – an experimental approach.	
Diplom course Psychology (Major: Health Psychology) University of Bremen.	1997-1999
MSc (With Merit) in Social & Applied Social Psychology , University of Kent	1998
Thesis: Risk perception in a university population	
MSc course in Social and Applied Psychology, University of Kent.	1996-1997
Vordiplom (1st Class) in Psychology University of Bremen	1996
Vordiplom course in Psychology and Social Work, University of Bremen.	1993-1996
Abitur in German, French, Maths and Religious Studies	1991
J. Christophorus Gymnasium, Versmold.	1982-1991

Affiliations, Visiting Positions, Scholarly Service, Editorial Board Memberships

Academic Chair “Climate Change” for the University of Vienna within the Circle U. Project (Erasmus+)	since 2022
Study Lead in the interdisciplinary research platform PLENTY linked to the Environmental Sciences Research Network (https://microplastics.univie.ac.at/de/ueber-uns/) on microplastics	since 2021
Invited Hearing Expert, European Food Safety Authority (EFSA), supporting the Social Research Methods & Advice Working Group in implementing the Social Science Roadmap	since 2021
Member of the Joint Group of Experts on the Scientific Aspects of Marine Environmental Protection GESAMP Working Group 40 (ctd.)	since 2020
President-Elect of the International Association of Applied Psychology (http://www.iaapsy.org/) Environmental Division	since 2020
Honorary Professor of Applied Social Psychology, University of Plymouth, UK	since 2020
Queen’s University Prize for University of Plymouth team for plastic pollution research	2020
Delcroix Prize to Blue Health team	2019
Research Visit to University of British Columbia, Canada (Stephen Sheppard)	June 2018
Board member of Plymouth Energy Community (PEC)	since 2017
Honorary Associate Professor, University of Exeter	2015-2020
Member of the ESRC Peer Review College	since 2015
Secretary of the International Association of Applied Psychology (http://www.iaapsy.org/) Environmental Division	2014 - 2020
Member of the Editorial board for the Journal of Environmental Psychology	since 2018
Member of the Editorial Board for Environment & Behaviour	since 2014
Member of the International Energy Agency’s DSM task 24 Behaviour Change	since 2013

Affiliate Member of the Collaborative for Advanced Landscape Planning University of British Columbia, Canada.	since 2011
Affiliate Member of the European Centre for Environment and Human Health, Peninsula College of Medicine and Dentistry	since 2010
Member of Joint Group of Experts on the Scientific Aspects of Marine Environmental Protection (GESAMP) Working Group 40	2014-2017
Advisory Panel member for EPSRC-funded TEDDINET	2014-2017
Visiting Lecturer, University of British Columbia, Vancouver, Canada	March 2011
Fellow of the Pacific Institute for Climate Change (PICS)	March 2011
Research Visit to Warsaw School of Social Psychology (Bogdan Wojciszke)	October 2005
Research Visit to University of Würzburg (Thomas Mussweiler)	June 2003

Publications

Orcid ID 0000-0002-3799-6716

80 peer-review publications in total • google h-factor = 35 • 4638 citations (January 2022)

* denotes work undertaken while first author was an undergraduate or postgraduate student

† denotes work undertaken while first author was a post-doc under my supervision

Under review / in revision

Luo, Y., Douglas, J., **Pahl, S.**, Zhao, J. (revision under review). Reducing plastic waste by visualizing marine consequences. *Environment & Behavior*.

* Nuojuua, S., **Pahl, S.** & Thompson, R. C. (revision under review). Ocean Connectedness and Consumer Responses to Single-use Packaging. *Journal of Environmental Psychology*.

2021

80. * Oturai, N., **Pahl, S.** & Syberg, K. (2022). How can we test plastic pollution perceptions and behavior? A feasibility study on Danish children participating in “the Mass Experiment”. *Science of the Total Environment*, doi: 10.1016/j.scitotenv.2021.150914.
79. * Davison, S. M. C., White, M. P., **Pahl, S.**, Taylor, T., Fielding, K., Roberts, B. R., Economou, T., McMeel, O., Kellett, P. & Fleming, L. E. (2021). Public concern about, and desire for research into, the human health effects of marine plastic pollution: Results from a 15-country survey across Europe and Australia. *Global Environmental Change*. 102309. doi://10.1016/J.GLOENVCHA.2021.102309
78. Wyer, N. A., Hollins, T. & Pahl, S. (2021). Remembering Social Events: A Construal Level Approach. *Personal and Social Psychology Bulletin*, doi: 10.1177/01461672211038188.
77. Steg, L., Perlaviciute, G., Sovacool, B., Bonaiuto, M., Diekmann, A., Filippini, M., Hindriks, F., Jakobsson Bergstad, C., Matthies, E., Matti, S., Mulder, M., Nilsson, A., **Pahl, S.**, Roggenkamp, M., Schuitema, G., Stern, P. C., Tavoni, M., Thøgersen, J. & Woerdman, E. (2021). A research agenda to better understand the human dimensions of energy transitions. *Frontiers in Psychology Environmental Psychology*, 12: 672776.
76. Richter, I., Avillanosa, A., Cheung, V., Goh, H. C., Johari, S., Kay, S., Maharja, C., Nguyen, T. H., **Pahl, S.**, Sugarjito, J., Sumeldan, J., Nguyen, Q. V., Vu, H. T., Syazana, W. N. & Austen, M. C. (2021). Looking through the COVID-19 window of opportunity: Future scenarios arising from

the COVID-19 pandemic across five case study sites. *Frontiers in Psychology Organizational Psychology*, 12, 1-12.

75. van Valkengoed, A. M., Steg, L., Perlaviciute, G., Schultz, P. W., Brosch, T., Gatersleben, B., Nordlund, A., **Pahl, S.** & Whitmarsh, L. (2021). Theory enhances impact. Reply to: 'The case for impact-focused environmental psychology'. *Journal of Environmental Psychology*, 75, 101597.
74. Goodhew, J., **Pahl, S.**, King, K., Sanders, M., Elliott, P., Fox, M., Boomsma, C. & Goodhew, S. (2021). Engaging People with Energy Efficiency: A Randomised Controlled Trial Testing the Effects of Thermal Imaging Visuals in a Letter Communication. *Sustainability*, 13 (6).
73. Fleming, L. E., Depledge, M., Bouley, T., Britton, E., Dupont, S., Eatock, C., Garside, R., Heymans, J. J., Kellett, P., Lloret, J., Maycock, B., **Pahl, S.**, Philippart, C. J. M., Roberts, B. R., Thiele, T., White, M. P., Wuijts, S (2021). The Ocean Decade - Opportunities for Oceans and Human Health Programs to Contribute to Public Health. *American Journal of Public Health*, 111(5), 808-811.
72. Syberg, K., Nielsen, M. B., Westergaard Clausen, L. P., Van Calster, G., Van Wezel, A., Rochman, C., Koelmans, A. A., Cronin, R., **Pahl, S.**, Foss Hansen, S. Regulation of plastic from a circular economy perspective. *Current Opinion in Green and Sustainable Chemistry*.
71. Richter, I., Gabe-Thomas, E., Maharja, C., Nguyen, T. H., Praptiwi, R., **Pahl, S.** Virtual capacity building for international research collaborations in times of COVID-19 and# Flygskam. *Frontiers in Communication*, 5, 146.

2020

70. White, M.P., Bratman, G.N., **Pahl, S.**, Young, G., Cracknell, D. & Elliott, L. R. (2020). Affective reactions to losses and gains in biodiversity: Testing a prospect theory approach. *Journal of Environmental Psychology*, 72, 101502.
69. Passmore, H. A., Martin, L., Richardson, M., White, M., Hunt, A. & **Pahl, S.** (2020). Parental/ Guardians' Connection to Nature Better Predicts Children's Nature Connectedness than Visits or Area-Level Characteristics, *Ecopsychology*.
68. * Martin, L., White, M. P., **Pahl, S.**, May, J. & Wheeler, B. J. (2020). Neighbourhood greenspace and smoking prevalence: Results from a nationally representative survey in England. *Social Science & Medicine*, 113448.
67. Hafner, R., Fuertes, A., **Pahl, S.**, Jones, R., Boomsma, C, Gangolells, M. (2020). Results and insight gained from applying the EnergyCat energy-saving serious game in UK social housing. *International Journal of Serious Games*.
66. * Martin, L., White, M. P., Hunt, A., Richardson, M., **Pahl, S.** & Burt, J. (2020). Nature contact, nature connectedness and associations with health, wellbeing and pro-environmental behaviours. *Journal of Environmental Psychology*.
65. Alcock, I., White, M., **Pahl, S.**, Duarte-Davidson, R. & Fleming, L. (2020). Associations between pro-environmental behaviour and neighbourhood nature, nature visit frequency and nature appreciation: Evidence from a nationally representative survey in England. *Environment International*.
64. Hafner, R. J., **Pahl, S.**, Jones, R. V. & Fuertes, A. (2020). Energy use in social housing residents in the UK and recommendations for developing energy behaviour change interventions. *Journal of Cleaner Production*, 251, 119643
63. Wardman, T., Koelmans, A. A., Whyte, J., **Pahl, S.** (2020). Communicating the absence of evidence for microplastics risk: Balancing sensation and reflection. *Environment International*, 3. 10.1016/j.envint.2020.106116.

62. Wyles, K. J., **Pahl, S.**, Carroll, L. & Thompson, R. C. (2019). An evaluation of the Fishing For Litter (FFL) scheme in the UK in terms of attitudes, behavior, barriers and opportunities. *Marine Pollution Bulletin*, 144, 48-60.
61. Borja, A. White, M.P., Berdalet, E., Bock, N., Eatock, E., Kristensen, P., Leonard, A., Lloret, J., **Pahl, S.**, Parga, M., Vera Prieto, J., Wuijts, S., Fleming, L.E. (2020). Moving towards an agenda on ocean health and human health. *Frontiers in Marine Science*.

2019

60. * Martin, L., **Pahl, S.**, White, M.P., May, J. (2019). Natural environments and craving: The mediating role of negative affect. *Health & Place*, 58, 102160.
59. Wyles, K.J., White, M. P., Hattam, C., **Pahl, S.**, King, H., & Austen, M. (2019). Are some natural environments more psychologically beneficial than others? The importance of type and quality on connectedness to nature and psychological restoration. *Environment & Behavior*, 51(2), 111-143. doi: 10.1177/0013916517738312
58. †Ashley, M., **Pahl, S.**, Glegg, G. & Fletcher, S. (2019). A Change of Mind: Applying Social and Behavioural Research Methods to the Assessment of the Effectiveness of Ocean Literacy Initiatives. *Frontiers in Marine Science* 6, 288.
57. † Hafner, R. J., **Pahl, S.**, Jones, R. V., Fuertes, A. (2019). Energy use in social housing residents in the UK and recommendations for developing energy behaviour change interventions. *Journal of Cleaner Production*, 119643.

2018

56. Fairchild, T. P., Fowler, M. S., **Pahl, S.** & Griffin, J. N. (2018). Multiple dimensions of biodiversity drive human interest in tide pool communities. *Scientific Reports*, 8, Article number: 15234.
55. † Hartley BL, **Pahl S.**, Veiga J, Vlachogianni T, Vasconcelos L, Maes T, Doyle T, d'Arcy Metcalfe R, Öztürk AA & Di Berardo M (2018). Exploring public views on marine litter in Europe: Perceived causes, consequences and pathways to change. *Marine Pollution Bulletin*, 133, 945-955.
54. Cracknell, D., **Pahl, S.**, White, M.P. & Depledge, M.H. (2018). Public Aquaria as Restorative Settings: How Sub-Aquatic Diversity Can Promote Human Health and Well-being. *Human Dimensions of Wildlife*.
53. Hignett, A., White, M.P., **Pahl, S.**, Jenkin, R., & Lefroy, M. (2018). Can participating in a surfing programme promote young people's wellbeing and connectedness to the natural environment? *Journal of Adventure Education & Outdoor Learning*. 18, 53-69.
52. † Tanja-Dijkstra, K., **Pahl, S.**, White, M.P., Andrade, J., May, J., Stone, R.S., Bruce, M., Mills, I. Melissa Auvrey, M., Gabe, R. & Moles, D.R. (2018). The soothing sea: A virtual walk on the coast reduces experienced and recollected pain. *Environment & Behavior*, 50, 599-625. doi:10.1177/0013916517710077
51. † Hartley, B. L., **Pahl, S.**, Holland, M., Alampei, Veiga, J. & Thompson, R. C. (2018). Turning the tide on trash: Empowering European educators and school students to tackle marine litter. *Marine Policy*, 96, 227-234.
50. † Boomsma, C., Hafner, R., **Pahl, S.**, Jones, R. V. & Fuertes, A. (2018). Should We Play Games Where Energy Is Concerned? Perceptions of Serious Gaming as a Technology to Motivate Energy Behaviour Change among Social Housing Residents. *Sustainability* 10, (6) 1-18.

2017

49. **Pahl, S.**, Wyles, K. J., & Thompson, R. C. (2017). Channelling passion for the ocean toward plastic pollution. *Nature Human Behaviour*. doi: 10.1038/s41562-017-0204-4.
48. **Pahl, S.**, & Wyles, K. J. (2017). The human dimension: how social and behavioural research methods can help address microplastics in the environment. *Analytical Methods*, 9(9), 1404–1411. doi: 10.1039/c6ay02647h.
47. White, M. P., **Pahl, S.**, Wheeler, B. W., Depledge, M. H., & Fleming, L. E. (2017). Natural environments and subjective wellbeing: Different types of exposure are associated with different aspects of wellbeing. *Health & Place*, 45, 77–84.
46. * Cracknell, D., White, M. P., **Pahl, S.**, & Depledge, M. H. (2017). A preliminary investigation into the restorative potential of public aquaria exhibits: a UK student-based study. *Landscape Research*, 42(1), 18–32.
45. * Jenkin, R., Frampton, I., White, M. P. & **Pahl, S.** (2017). The relationship between exposure to natural and urban environments and children's self-regulation' *Landscape Research*, 14, 315–128, doi: 10.1080/01426397.2017.1316365
44. * Wyles, K. J., **Pahl, S.** & Thompson, R. C. T. (2017). Can Beach Cleans Do More Than Clean-Up Litter? Comparing Beach Cleans to Other Coastal Activities. *Environment & Behavior*, 49(5), 509–535.
43. † Goodhew, J., **Pahl, S.**, Goodhew, S., & Boomsma, C. (2017). Mental models of heat: Exploring how people think about heat flows in the home. *Energy Research & Social Science*, 31, 145–157. doi:10.1016/j.erss.2017.06.012
42. † Boomsma, C., **Pahl, S.**, Jones, R. V., & Fuertes, A. (2017). “Damp in bathroom. Damp in back room. It's very depressing!” exploring the relationship between perceived housing problems, energy affordability concerns, and health and well-being in UK social housing. *Energy Policy*, 106, 382–393.
41. * Kenshole, A., Gallichan, D., **Pahl, S.** & Clibbens, J. (2017). Lifestyle Factors and Alzheimer's Disease in People with Down Syndrome. *Journal of Applied Research in Intellectual Disabilities*. doi: 10.1111/jar.12369.

2016

40. Anderson, A. G., Grose, J., **Pahl, S.**, Thompson, R. C. & Wyles, K. J. (2016). Microplastics in personal care products: Exploring perceptions of environmentalists, beauticians and students. *Marine Pollution Bulletin*, 113 (1), 454–460.
39. White, M. P., **Pahl, S.**, Wheeler, B. W., Fleming, L. E. F. & Depledge, M. H. (2016) 'The 'Blue Gym': What can blue space do for you and what can you do for blue space?' *Journal of the Marine Biological Association of the United Kingdom*, 96, (1) 5–12.
38. Veiga, J. M., Vlachogianni, T., **Pahl, S.**, Thompson, R. C., Kopke, K., Doyle, T. K., Hartley, B. L., Maes, T., Orthodoxou, D. L. & Loizidou, X. I. (2016). Enhancing public awareness and promoting co-responsibility for marine litter in Europe: The challenge of MARLISCO. *Marine Pollution Bulletin* 102 (2), 309–315.
37. † Boomsma, C., Goodhew, J., Goodhew, S. & **Pahl, S.** (2016). Improving the visibility of energy use in home heating in England: Thermal images and the role of visual tailoring. *Energy Research & Social Science* 14, 111–121.
36. Jones, R. V., Fuertes, A., Boomsma, C. & **Pahl, S.** (2016). Space heating preferences in UK social housing: A socio-technical household survey combined with building audits. *Energy and Buildings* 127, 382–398.

35. † Boomsma, C., Goodhew, J., **Pahl, S.** & Jones, R. V. (2016). The feasibility of saving energy in challenging organisational contexts: Testing energy visualisation in a social services office in the United Kingdom. *Energy Research & Social Science* 15, 58-74
34. **Pahl, S.**, Goodhew, J., Boomsma, C. & Sheppard, S. R. J. (2016). The role of energy visualisation in addressing energy use: Insights from the eViz project. *Frontiers in Psychology: Personality and Social Psychology*, 7, 92. doi: 10.3389/fpsyg.2016.00092
33. * Boomsma, C., **Pahl, S.**, & Andrade, J. (2016). Imagining change: An integrative approach towards explaining the motivational role of mental imagery in pro-environmental behaviour. *Frontiers in Psychology*, doi: 10.3389/fpsyg.2016.01780
32. * Gibson, H., Stewart, I., **Pahl, S.**, and Stokes, A. (2016). A "Mental Models" approach to the communication of subsurface hydrology and hazards, *Hydrol. Earth Syst. Sci. Discuss.*, doi: 10.5194/hess-2015-542.

2015

31. Fleming, L.E., Depledge, M., McDonough, N., White, M. P., **Pahl, S.**, Austen, M., Goksoyr, A., Solo-Gabriele, H., Stegeman, J. J. (2015). *The Oceans and Human Health*. Chapter for the Oxford Encyclopedia of Environmental Science. doi: 10.1093/acrefore/9780199389414.12.
30. * Cracknell, D., **Pahl, S.**, White, M. P., Nichols, W. J. & Depledge, M. (2015). Marine biota and psychological well-being: A preliminary examination of dose-response effects in an aquarium setting. *Environment & Behavior*. doi :10.1177/0013916515597512
29. * Wyles, K., **Pahl, S.**, Thomas, K. & Thompson, R. C. (2015). Factors that can Undermine the Psychological Benefits of Coastal Environments: Exploring the Effect of Tidal State, Presence, and Type of Litter. *Environment & Behaviour*. doi: 10.1177/0013916515592177
- Cited in (along with MARLISCO work): Werner, S., Budziak, A., van Franeker, J., Galgani, F., Hanke, G., Maes, T., Matiddi, M., Nilsson, P., Oosterbaan, L., Priestland, E., Thompson, R., Veiga, J. and Vlachogianni, T.; 2016; Harm caused by Marine Litter. MSFD GES TG Marine Litter - Thematic Report; JRC Technical report; EUR 28317 EN; doi:10.2788/690366
28. † Hartley, B. L., Thompson, R. C., & **Pahl, S.** (2015). Marine litter education boosts children's understanding and self-reported actions. *Marine Pollution Bulletin*, 90, 209-217. doi: 10.1016/j.marpolbul.2014.10.049
27. * Goodhew, J., **Pahl, S.**, Auburn, T. & Goodhew, S. (2015). Making heat visible: Promoting energy conservation behaviours through thermal imaging. *Environment and Behaviour*, 47(10), 1059-108. doi: 10.1177/0013916514546218
- This research was the featured discussion article in the first edition of Nature Energy in January 2016. Steg, L. (2016). Seeing heat saves energy. *Nature Energy*, 1, 1-2.
26. White, M. P., **Pahl, S.**, Ashbullby, K. J., Burton, F. & Depledge, M. H. (2015). The Effects of Exercising in Different Natural Environments on Psycho-Physiological Outcomes in Post-Menopausal Women: A Simulation Study. *International Journal of Environmental Research and Public Health* 12, (9), 11929-11953.
25. * Jenkin, R., Frampton, I., White, M. P., **Pahl, S.** & Dix, N. (2015). Preliminary development of a new method for exploring the acceptability of playwork interventions with children: The Day Reconstruction Method – Child version (DRM-C). *Journal of Playwork Practice*, 2(2), 157-172.
24. Wyer, N. A., Hollins, T. J., & **Pahl, S.** (2015). The hows and whys of face processing: Level of construal influences the holistic processing of human faces. *Journal of Experimental Psychology: General*, 144, 1037-41. doi: 10.1037/xge0000112.

23. Wyer, N. A., Hollins, T. J., **Pahl, S.** & Roper, J. (2015). The hows and whys of face memory: Level of construal influences the recognition of human faces. *Frontiers in Psychology (Cognition)*, 6, 1524, doi: 10.3389/fpsyg.2015.01524

2014

22. **Pahl, S.**, Sheppard, S. R. J., Boomsma, C. & Groves, C. (2014). Perceptions of time in relation to climate change. *Wiley Interdisciplinary Reviews (WIREs) Climate Change*, 5, 375-388.
21. † Tanja-Dijkstra, K., **Pahl, S.**, White, M. P., Andrade, J., May, J., Stone, R. J., Bruce, M., Mills, I., Auvray, M., Gabe, R., Moles, D. R. (2014). Can virtual nature improve patient experiences and memories of dental treatment? A study protocol for a randomized controlled trial. *Trials*, 15, 90-99. <http://www.trialsjournal.com/content/15/1/90>
20. † Tanja-Dijkstra, K., **Pahl, S.**, White, M. P., Andrade, J., Qian, C., Bruce, M., May, J. & Moles, D. R. (2014). Improving dental experiences by using virtual reality distraction: A simulation study. *PLOS ONE*, 9, 1-9. <http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0091276>
19. * Wyles, K. J., **Pahl, S.** & Thompson, R. C. (2014). Perceived risks and benefits of recreational visits to the marine environment: Integrating impacts on the environment and impacts on the visitor. *Ocean & Coastal Management*, 88, 53-63. Open access at <http://www.sciencedirect.com/science/article/pii/S0964569113002330>
18. * Bertrams, A. & **Pahl, S.** (2014). Ego depletion after social interference. *Psychology*, 5, 1-5. <http://www.scirp.org/journal/PaperInformation.aspx?paperID=41844#.UobAxqJns6x>

2013

17. † Ashbullby, K. J., **Pahl, S.**, White, M. P. & Webley, P. (2013). The beach as a setting for families' health promotion: A qualitative study with parents and children living in coastal regions in Southwest England, *Health and Place*, 23, 138-147.
16. * Wyles, K., **Pahl, S.**, White, M., Morris, S., Snelling, D & Thompson, R. C. (2013). Towards a Marine Mindset: Visiting an aquarium can improve attitudes and intentions regarding marine sustainability. *Visitor Studies*, 16(1), 95-110.
15. White, M. P., **Pahl, S.**, Ashbullby, K., Herbert, S. & Depledge, M. H. (2013). Feelings of restoration from recent nature visits. *Journal of Environmental Psychology*, 35, 40-51.
14. **Pahl, S.** & Bauer, J. (2013). Overcoming the Distance: Perspective Taking With Future Humans Improves Environmental Engagement. *Environment and Behavior*, 45(2), 155-169.

2012 and earlier

13. **Pahl, S.** (2012). Would I bet on beating you? Subtly increasing other-focus helps overcome egocentrism. *Experimental Psychology*, 59, 74-81. doi: 10.1027/1618-3169/a000128
12. * Carroll, L., White, M. P. & **Pahl, S.** (2011). The impact of excess choice on deferment of decisions to volunteer. *Judgment and Decision Making*, 6, 629-637.
11. White, M. P., Smith, A., Humphries, K., **Pahl, S.**, Snelling, D. & Depledge, M. (2010). Blue Space: The Importance Of Water For Preference, Affect And Restorativeness Ratings Of Natural And Built Scenes. *Journal of Environmental Psychology*, 30, 482-493. doi: 10.1016/J.JENVP.2010.04.004
10. * Zlatev, M., **Pahl, S.** & White, M. P. (2010). Perceived risk and benefit for self and others as predictors of smokers' attitudes towards smoking restrictions. *Psychology & Health*, 25, 167-182.

9. Wyer, N., Perfect, T. & **Pahl, S.** (2010). Temporal distance and person memory: Thinking about the future changes memory for the past. *Personality and Social Psychology Bulletin*, 36, 805-816.
8. **Pahl, S.**, Eiser, J. R. & White, M. P. (2009). Boundaries of Self-Positivity: The Effect of Comparison Focus in Self-Friend Comparisons. *Journal of Social Psychology*, 149, 413-424. White, M. P., Eiser, J. R., Harris, P. R. & **Pahl, S.** (2007). Who reaps the benefits, who bears the risks? Risk and benefit perceptions of mobile phone technology for different targets. *Risk Analysis*, 27, 741-753.
7. * Blueher, R. & **Pahl, S.** (2007). Der "mere exposure" Effekt und die Wahl von Produkten - Ein Experiment im Feld [Mere exposure and product choice - A field experiment]. *Zeitschrift fuer Sozialpsychologie*, 38, 209-215.
6. **Pahl, S.** & Eiser, J. R. (2007). How malleable is positive bias for the self? The effects of judgmental focus, anchoring and accessibility. *European Journal of Social Psychology*, 37, 617-627.
5. **Pahl, S.** & Eiser, J. R. (2006). The focus effect and self-positivity in ratings of self-other similarity and difference. *British Journal of Social Psychology*, 45, 107-116.
4. **Pahl, S.** & Eiser, J. R. (2005). Valence, comparison focus and self-positivity biases: Does it matter whether people judge positive or negative traits? *Experimental Psychology*, 52, 303-310.
3. **Pahl, S.**, Harris, P. R., Todd, H. A. & Rutter, D. R. (2005). Comparative optimism for environmental risks. *Journal of Environmental Psychology*, 25, 1-11. doi: 10.1016/j.jenvp.2004.12.004
2. White, M. P., **Pahl, S.**, Buehner, M. J. & Haye, A. (2003). Trust in risky messages: The role of prior attitudes. *Risk Analysis*, 23, 717-726.
1. Eiser, J. R., **Pahl, S.** & Prins, Y. R. A. (2001). Optimism, pessimism, and the direction of self-other comparisons. *Journal of Experimental Social Psychology*, 37, 77-84.

Other Publications, edited Books and Contributions to Policy Reports

Nuojua, S., Cracknell, D. & **Pahl, S.** (in press). Human Behaviour and Marine Plastic Pollution. Chapter for Andrady et al. (Eds.) *Plastics and the Ocean*.

Pahl, S., Richter, I., Wyles, K. (2020). Human Perceptions and Behaviour Determine Aquatic Plastic Pollution. Chapter in *the Handbook of Environmental Chemistry*, Springer, Berlin, Heidelberg.

G7 France Scientific Workshop Summary. *G7 Plastic and Socio-Ecological Challenges*. (Contribution as part of the UK delegation).

G7 France Roundtable. Summary of Chairs Roger Genet and Pascal Lamy. *Microplastics in the Environment - Biomonitoring Issues and Socio-Ecological Challenges for Public Decision*. (Contribution as part of the EU delegation).

GESAMP (2020). Proceedings of the GESAMP International Workshop on assessing the risks associated with plastics and microplastics in the marine environment (Kershaw, P.J., Carney Almroth, B., Villarrubia-Gómez, P., Koelmans, A.A., and Gouin, T., eds.). (IMO/FAO/UNESCO-IOC/UNIDO/WMO/IAEA/UN/ UNEP/UNDP/ISA Joint Group of Experts on the Scientific Aspects of Marine Environmental Protection). Reports to GESAMP No. 103, 68 pp. In particular Section 2.4, p. 9-12. Available from <http://www.gesamp.org/publications/gesamp-international-workshop-on-assessing-the-risks-associated-with-plastics-and-microplastics-in-the-marine-environment>.

Marine Plastic Pollution Evidence Review (2020). Report for UK Department for Environment, Food and Rural Affairs (Editor and Author). Summary at: 14688_01PlainEnglishSummary-2.pdf (cmscoms.com).

- SAPEA, Science Advice for Policy by European Academies. (2019). *A Scientific Perspective on Microplastics in Nature and Society*. Berlin: SAPEA.
- Thompson, R. C. & Pahl, S. (2019). *Plastics, the Environment and Society: Current Consensus and Future Directions*, in *Plastics and the Environment* (Book). Royal Society of Chemistry.
- White, M.P., Lovell, R., Wheeler, B., Pahl, S., Völker, S. & Depledge, N.H. (2018). Blue landscapes and public health. Chp. 5.2 In M. van den Bosch & W. Bird (eds). *Landscape and Public Health* (pp154-159). Oxford: OUP
- Cracknell, D., Pahl, S., White, M.P. & Depledge, M.H. (2018). The potential role of public aquaria in human health and well-being. In Azara, I. (Eds) *Tourism, Health and Wellbeing in Protected Areas* (Chp 14, pp. 178-89). Wallingford: CABI
- Westerhoff, L., Cote, S., Chu, A.-M., Sheppard, S. R. J., Burch, S. & Pahl, S. (2017). *Motivating energy efficiency retrofits through community-based thermal imaging: Implications for research and practice in BC*. PICS White Paper. Available from:
https://pics.uvic.ca/sites/default/files/uploads/publications/Thermal_Imaging_WP_WEB.pdf
- Cracknell, D. L., Pahl, S., White, M.P. & Depledge, M.H. (2017). The Restorative Potential of Public Aquariums: Psychological and Physiological Effects of Viewing Sub-Aquatic Environments. *IAPS Bulletin*, 44, 25-30.
- GESAMP (2016). "Sources, fate and effects of microplastics in the marine environment: part two of a global assessment" (Kershaw, P.J., and Rochman, C.M., eds). (IMO/FAO/UNESCO-IOC/UNIDO/WMO/IAEA/UN/ UNEP/UNDP Joint Group of Experts on the Scientific Aspects of Marine Environmental Protection). Rep. Stud. GESAMP No. 93, 220 p. Available from
<http://www.gesamp.org/site/assets/files/1720/rs93e.pdf>
- Chu, A.-M., Westerhoff, L., Sheppard, S., Storey, S., Goodhew, J., Fox, M., Goodhew, S. & Pahl, S. (2016). Exploring the Use of Thermal Imagery for the Promotion of Residential Energy Efficiency Retrofits. Report prepared for the City of Vancouver, June.
- Baztan, B., Jorgensen, B., Pahl, S., Thompson, R. C., Vanderlinden, J.-P. (Eds.) *MICRO 2016: Fate and Impact of Microplastics in Marine Ecosystems. From the Coastline to the Open Sea*. Amsterdam: Elsevier.
- Goodhew, J, Pahl, S., & Boomsma, C. (2015). *A mixed method study of the role of tailoring in the design of visual interventions for domestic energy efficiency*. BEHAVE, Oxford.
- Hartley, B. L., Holland, M., Pahl, S., & Thompson, R. C. (2015). Evaluation of specific educational and outreach activities related to marine litter. Deliverable D2.5 report. MARLISCO project. Marine Litter in European Seas: Social Awareness and Co-Responsibility.
- Hartley, B.L., Holland, M., Pahl, S., Thompson, R. C. (2015). How to Communicate with Stakeholders about Marine Litter – A Short Guide to Influencing Behavioural Change. Plymouth, UK. Deliverable D2.6 report. MARLISCO project. Marine Litter in European Seas: Social Awareness and Co-Responsibility.
- Vlachogianni, T., Veiga, J., Orthodoxou, D., Loizidou, X., Kopke, K., Hartley, B., Pahl, S., Thompson, R., Garnacho, E., Maes, T., Roniotes, A., MIO-ECSDE, 2015. Project synthesis: 'recommendations for science and society interactions: a case study from ML' 'Understanding the science-society nexus through the marine litter challenge: lessons learned & recommendations from the MARLISCO project'. Deliverable D6.6. MARLISCO project. Marine Litter in European Seas: Social Awareness and Co-Responsibility.

GESAMP (2015). "Sources, fate and effects of microplastics in the marine environment: a global assessment" (Kershaw, P. J., ed.). (IMO/FAO/UNESCO-IOC/UNIDO/WMO/IAEA/UN/UNEP/UNDP Joint Group of Experts on the Scientific Aspects of Marine Environmental Protection). Rep. Stud. GESAMP No. 90, 96 p. Available from <http://www.gesamp.org/site/assets/files/1720/rs90e.pdf>.

Baztan, J., Jorgensen, B., Vanderlinden, J.-P., Pahl, S., Thompson, R. C., Carrasco, A., Miguelez, A., Huck, T., Garrabou, J., Broglio, E., Chouinard, O., Surette, C., Soudant, P., Huvet, A., Galgani, F., Paul-Pont, I. (2015). *Protected Shores Contaminated with Plastic: From Knowledge to Action*. Chapt. 11 in *Coastal Zones: Solutions for the 21st Century*. Elsevier. DOI:10.1016/B978-0-12-802748-6.00011-5

Stone, B., Guest, R., Pahl, S., & Boomsma, C. (2014). Exploiting gaming technologies to visualise dynamic thermal qualities of a domestic dwelling: Technical and human factor challenges. Proceedings from BEHAVE'14, Oxford, UK.

Hartley, B. L., Pahl, S., & Thompson, R. T. (2013). Baseline Evaluation of stakeholder perceptions and attitudes towards issues surrounding marine litter. Deliverable D2.1 report. MARLISCO project. *Marine Litter in Europe Seas: Social Awareness and CO-Responsibility*.

Pahl, S., White, M. P. & Carroll, L. (2010). *Volunteering for Samaritans*. Report April 2010. University of Plymouth.

* Goodhew, J., Goodhew, S., Auburn, T., de Wilde, P. & Pahl, S. (2009). A preliminary investigation of the potential for thermographic images to influence householders understanding of home energy consumption. In Dainty, S. (Ed.), ARCOM Conference 2009, Nottingham, UK, September, 971-979.

Grants and Studentships

Mentoring

Within the diverse projects and institutions I've been part of, I have increasingly taken on mentoring roles for **early career researchers**, aiming to foster and empower junior researchers from various backgrounds to achieve high-quality impactful research with a view to international and interdisciplinary perspectives. This is something I greatly enjoy, for example, within the GCRF Blue Communities Early Career Network, in helping individual colleagues who have been PhD students and/or postdocs with the transition to the next career stage or in terms of specific exciting projects such as Isabel Richter launching a new journal (*Global Environmental Psychology*) with other early career colleagues, following a competitive process.

Current Projects

Pahl, S. & White, M. P. (2021-2026). Social and Behavioural Sciences contribution to ZeroPM: Zero Pollution from Persistent, Mobile Substances (approx. €600k for 5 years). Overall value approx. €11m, H2020 Green Deal led by Norwegian Geotechnical Institute / STIFTELSEN NORGES GEOTEKNISKE INSTITUTT, Norway. (Post doc Ellise Suffil)

Pahl, S (2019-2023). Work package in EU H2020 Innovative Training Network *Limnoplast*, for an interdisciplinary PhD Fellowship in the area of microplastics (£260k); our position will look at the behavioural dimension of reducing microplastics (total value ca. €4m), led by the University of Bayreuth. [Awarded to Pahl, S. & Thompson, R. C. while SP was at the University of Plymouth and transferred to the University of Vienna] (Early Stage Researcher Maja Grünzner)

Pahl, S. & Wyles, K. (2021-2024). Perceptions and Behaviour work package (£310k for 3 years) in *A Systems Analysis Approach to Reduce Plastic Waste in Indonesian Societies (PISCES)*. Overall est. value £2m, UKRI Global Challenges Research Fund [Awarded while SP was at the University of Plymouth] (Post doc Ana Voronkova)

Pahl, S. & Thompson, R. C. (2019-2021). *Stock taking exercise on current actions to eliminate marine plastic litter and microplastics*, including awareness raising, behaviour change, capacity building. \$190k, UNEP. (Post doc Julie Goodhew, RA Francesca Tiroto)

Thompson, R. C. & Pahl, S. (2019-2022). Plymouth work package £266k in EU cross-channel Interreg project *Preventing Plastic Pollution* working with different sectors incl. fishing, tourism (total value £14m incl. co-financing), led by Queen Mary University London. (Post docs Sohvi Nuojua & Deborah Cracknell)

Sheppard et al. (2018-2020) *Scaling-up Social Mobilization on Climate Change with Digital Tools* (total value ca. 200k CAD). Social Sciences and Humanities Research Council Canada (SSHRC – PDG; named collaborator; ranked 1st in the competition).

Rodwell, L., Stewart, I., Pahl, S. & Martin, J. (2018-2022). Plymouth work package ca. £470k in EU H2020 *RURITAGE – Rural regeneration through systemic heritage-led strategies* project (total value ca. €10m), led by the University of Bologna, Italy. (Post doc Klara Lucznik)

Pahl, S. (2018-2021). *Blue Communities* (Project 12). Global Challenges Research Fund. Plymouth work package £358k in project led by Plymouth Marine Laboratory (PI : Prof Mel Austen), total value £6.6m, RCUK/NERC. (Post doc Isabel Richter, then Sophie Davison)

Thompson, R. C. & Pahl, S. (2017-2020) Behaviour science approaches to marine plastic pollution. PhD funding for Sohvi Nuojua, £60k UK Charity funding.

ESRC Doctoral Funding via Southwest Doctoral Training Partnership for Leanne Martin (2017-2021). The link between natural environments and human and planetary health. £60k.

Completed Projects

Stewart, I., Pahl, S. & Anderson, A. (2017-2020). Plymouth work package £374k in EU ESIF project led by Geothermal Engineering Limited (total value £18m), European Regional Development Fund. (PhD student Francesca Tiroto)

Richter, I. & Pahl, S. (2018-2019) Perception and Behaviour work package in Global Challenges Research Fund UoP Internal Grant, led by Mather, A. *African Flowers: Aeolian Plastic Pollution in Deserts*, £38k.

Glegg et al., (2015-2019). Plymouth tasks ca. €200k in H2020 CSA ResponSEable project (total value ca. €3.7m), led by Acteon, France.

Fuertes, A., Pahl, S. et al. *EnerGAware: Energy Game for Awareness of energy efficiency in social housing communities*. Feb 2015 - Feb 2018, Plymouth work package 300k in €2m EU H2020 project (total value ca. €2m), led by the University of Plymouth. (Post doc Rebecca Hafner)

Sheppard, S., Pahl, S. *City of Vancouver Thermal Imaging pilot project*. University of British Columbia and Plymouth University. Plymouth work package CAD10k in CAD34k project.

Anderson, A., Pahl, S. et al. (2015). Public perception of microbeads. ISSR small grant, Plymouth University, £2.5k.

Goodhew, J., Pahl, S. et al. (2015). Solar gain visualised through thermal imaging. ISSR small grant, Plymouth University, £3k.

Pahl, S., de Wilde, P. et al. *eViz – Energy Visualisation for Carbon Reduction* (2012-2016). EPSRC multi-centre grant with the Universities of Bath, Birmingham and Newcastle £1,876,000, with £1,125,000 to Plymouth. (Post docs Christine Boomsma and Julie Goodhew).

Thompson, R. C. & Pahl, S. (2012-2015). *Marine Litter in European Seas: Social Awareness and Co-Responsibility (MARLISCO)*. Plymouth Work Package £300k in €4,500,000 EU-FP7 Grant. (Post doc Bonny Hartley and Research Assistant Matthew Holland).

- White, M. P., Pahl, S. & Depledge, M (2010-2016). *The restorative potential of sub-aquatic environments*. Studentship awarded by NMA: Deborah Cracknell.
- Thompson, R. C. & Pahl, S. (2014). Evaluation of Fishing for Litter programme (variation). DEFRA: 19k. Research Assistant: Kayleigh Wyles then Lauren Carroll.
- Pahl, S. & Carroll, L. (2013). Small Evaluation of Stepping Stones programme. Plymouth City Council, Stepping Stones: 2.5k. RA: Lauren Carroll.
- Attrill, M., Pahl, S., Thompson, R. C. & Wyles, K. (2013). The benefits of engaging with the Marine Centre at Wembury Beach. University of Plymouth Community Research Award: £9k. Research Assistant: Lauren Carroll.
- Goodhew, S., Pahl, S. & De Wilde, P. (2013). Thermal imaging intervention as part of Cornwall together. Eden Project, funding from DECC, £65k.
- Pahl, S. & Thompson, R. (2010-13). *Human Well-being and Habitat Threat in Marine Environments*. ESRC/NERC Studentship: Kayleigh Wyles.
- Pahl, S., White, M. P., Andrade, J. & May, J. (2010-13). *Dental anxiety, nature exposure and virtual reality*. (University of Plymouth: approx. £100k [post doc Karin Tanja-Dijkstra]).
- White, M. P., Pahl, S. & Depledge, M. (2010-13). *Blue Gym: The health and well-being effects of blue space*. (University of Plymouth: approx. £120k [post doc Kat Ashbullby]).
- Wyer, N., Pahl, S. & Perfect, T. (2010-13). *Construal, processing style and memory for social events*. (ESRC: £240k). RA: Jean Roper.
- Depledge, M., Pahl, S. & Lilley, A. (2010-2013). *Seeing is Believing*. (European Centre for Environment and Human Health, PCMD [post doc Will Stahl-Timmins])
- White, M. P., Pahl, S. & Edworthy, J. (2009-12). *Choice Architectures and Volunteering*. UoP Faculty of Science PhD Studentship: Lauren Carroll.
- Richardson, J., Nichols, A., Pahl, S. & Bernalick, M. (2010-12). *Waste Management and Behaviour Change in Healthcare Contexts*. (Faculty of Health, UoP [post doc Jane Grose])
- Pahl, S. (2011). Pacific Institute for Climate Solutions (PICS) Fellowship, British Columbia, Canada, March.
- Pahl, S. (2011). International Networking Scheme University of Plymouth, for research visit to the University of British Columbia, March.
- LeFroy, M., LeFroy, E., White, M. & Pahl, S. (2010). Surf to success / surfing for success. (Ecominds: 20k awarded to GB Boardriders CIC).
- Butel, L., Pahl, S. & Memery, J. (2009-11). *The psychology of giving to independent schools*. Knowledge Transfer Partnership with Plymouth College (Technology Strategy Board: £81k).
- Pahl, S. (2009-10). *Optimism, pessimism and pro-environmental engagement*. (Seale-Hayne Educational Trust: £2k).
- Pahl, S. & White, M. P. (2008-09). *Predicting and improving satisfaction with a rewarding activity: Volunteering for the Samaritans*. (University of Plymouth: £8k).
- Pahl, S. (2006). *Self-activation and betting behaviour*. Dr. German Schweiger Spende: €1k.
- Pahl, S. (2006-08). *Role models, social comparison & gender: Effects on career aspirations of men and women*. University of Erlangen: €9k.
- Pahl, S. (2005-06). *Linguistic norms and the focus effect in self-other comparisons*. EAESP Postdoctoral Seedcorn Grant: €2k.

Pahl, S. (2004). *DFG travel grant to present at SPSP conference Austin, USA: €830*

Pahl, S. (2002-03). *ESRC Postdoctoral Fellowship: £26k.*

PhD Supervision & Exams

Current PhD students (5)

Jana Köhler (Director of Studies, praedoc position UVIE since May 2021). Do-gooder derogation for pro-environmental behaviours.

Sandra Geiger (co-supervisor, praedoc position UVIE since May 2021). Pluralistic ignorance in the context of environmental judgements.

Maja Gruenzner (Director of Studies, F/T since April 2020). Behavioural approaches to reducing microplastic pollution. H2020 Limnoplant ITN.

Sohvi Nuojua (co-supervisor, F/T since October 2017). Marine Litter: Can behavioural sciences help reduce land-based waste entering the oceans?. Charity funding.

Francesca Tiroto (Director of Studies, F/T since October 2017). Psychological and social factors in new types of energy: The case of deep geothermal. ERDF funding.

PhD students transitioned to other supervisor when I left the University of Plymouth (2)

Colette Campbell-Jones (Director of Studies, P/T Jan 2019 – Oct 2020). Climate change and creative arts. Faculty and self-funded.

Paul Watson (co-supervisor, F/T Oct 2016 – Oct 2020). Virtual Reality in Healthcare Training.

Completions (10)

Sophie Davison (co-supervisor, F/T 2017 – 2021). Public perceptions of Oceans and Human Health: Key concerns and research priority preferences in Europe and Australia. Associated with EU H2020 SOPHIE-project.

Leanne Martin (Director of Studies, F/T 2017-2021). Using Natural Environments to Reduce Craving: Affective and Cognitive Mechanisms. ESRC funding.

Hazel Gibson (SOEGESS, Geology, Plymouth University, F/T 2012-2016). Underground Britain: Mental models of the subsurface. (2nd supervisor).

Deborah Cracknell (P/T): The restorative potential of subaquatic environments. *Oct 2010- May 2016.* (DoS).

Christine Boomsma (F/T): Visual images and sustainability. *October 2009 - January 2013.* (DoS).

Julie Goodhew (P/T): Thermal images as prompts for energy-saving behaviour. *January 2007 - May 2013.* (2nd supervisor).

Lauren Carroll (F/T): Choice and volunteering. *Oct 2009 – Oct 2014.* (DoS)

Kayleigh Wyles (F/T): Rocky shores - From habitat threat to marine awareness and restorative experiences. *Oct 2010 – Jan 2014* (DoS)

Becky Jenkin (European Centre for Environment and Human Health; F/T): Blue Gym 4 kids. *Oct 2011 – Sept 2014.* (3rd supervisor)

Sean Manzi (Faculty of Health, Education and Society, UoP, F/T). Waste and recycling in Healthcare contexts. Jan 2012 – August 2015. (3rd supervisor)

PhD Examiner

External

Kathryn Willis, University of Tasmania The Successful Management and Reduction of Plastic Pollution by Municipal Governments.	March 2021
Josefine Geiger, University of Groningen Context matters. Three ways of how the context influences recycling behavior	September 2020
Nitish Bhushan, University of Groningen Correlation, Causation, and Dynamics. Methodological Innovations in Sustainable Energy Behaviour Research	October 2020
Tom Holmes, University of York Social-environmental effects of coastal storms in the UK.	May 2017
Aimie Hope, Sheffield University Little Green Lies: Exploring compensatory beliefs within the environmental domain.	April 2016
Hyunji Kim, Cambridge University Construal Level theory and Economic Decision Making	January 2014
Alexander Van der Jagt, Aberdeen University Restorative environments	November 2013
Laura Rennie, Sheffield University The role of perspective in visualising health behaviours: Effects on motivation and behaviour.	January 2011
Nina Lockwood (DPhil), University of Sussex Motivations for mountain climbing: The role of risk.	June 2010

Internal

Linda Carolina Gaitan Sierra Motivational Factors in the Placebo Response: The Role of Effort and Intrinsic Motivation on Well-being in Therapeutic Interventions.	October 2011
Magdalena Katomeri Acute effects of self-paced walking on smoking withdrawal and cravings.	June 2008

Chair

Charlotte Hitchins, MD, Plymouth University Peninsula Schools of Medicine & Dentistry (PU PSMD).
Jaysan Charlesford, PhD, School of Psychology, University of Plymouth.

Presentations (selection)

Invited Talks & Panels (selected)

2021

Pahl, S. (2021). *Consumer Risk Perceptions about Microplastics in Food and Water*

Invited talks at the National Academy of Sciences (USA) NASEM Food Forum Webinar on Microplastics from Food and Water: State of the Science and Potential Impacts on Human Health. Online, December.

Pahl, S. (2021). (Micro)plastics perceptions and concern. Invited contributor and discussant at Webinar: Consumer concerns about microplastics in food - the science perspective. International Life Sciences Institute (ILSI) Europe. Online, November.

Pahl, S. (2021). *Micro & macroplastics perceptions and solutions*. Invited talk to the Plastics Europe Steering Board Meeting (Plastics Europe's decision-making body, consisting of CEOs / Vice-Presidents / high level directors from the main European producers), on the occasion of the launch of their new project on Human Health microplastics exposure and risk. Online, September.

Pahl, S. (2021). *Psychological perspectives on microplastic risk*. Invited talk at the Future of Science Communication conference co-organised by Wissenschaft im Dialog, the organization for science communication in Germany, and ALLEA, the European Federation of Academies of Sciences and Humanities. Online, June.

Pahl, S. (2021). *Human exposure to micro- and nanoplastics: what drives citizens' concerns?* Keynote lecture at the European Food Safety Authority's (EFSA) Scientific Colloquium N°25: a coordinated approach to assess human health risks of micro- and nanoplastics in food. Online, May.

Pahl, S. (2021). *Connecting human behaviour and a healthy ocean*. Invited talk at Ocean Visions summit. Towards a global ecosystem for ocean solutions. Online, May.

Invited discussant on *biodegradability of plastics: attitudes and behaviour change*. Social Sciences webinar organised by SAPEA (Science Advice for Policy by European Academies). Online, May 2021.

Pahl, S. (2021). *Perceptions of risk and harm from micro & macroplastics*. Invited talk at Society of Environmental Toxicology and Chemistry (SETAC) seminar "Effects and Risks of Microplastics Within the Environment". Online, April.

Pahl, S. (2021). *The human dimension in aquatic plastic pollution*. Invited talk at Swiss Federal Institute of Aquatic Science and Technology. Online, February.

Pahl, S. (2021). *The role of human behaviour in plastic pollution*. EDGE lecture series, University of Vienna Environmental Engagement series "Topics in Environmental Geosciences". Online, January.

2020

Pahl, S. (2020). *The role of human behaviour in plastic pollution*. Invited talk at UNEP Webinar Series on Addressing Single-Use Plastic Products Pollution Using a Life Cycle Approach. Online, October.

Invited teacher at European Association of Social Psychology (EASP) summer school (2020). *Psychology and behavioural science for global environmental challenges*. Online, August.

Pahl, S. & Goodhew, J. (2020). *Stocktake of global actions to reduce the flow of marine plastic and microplastic to the ocean: Preliminary overview*. UNEP High-Level Political Forum (HLPF) on sustainable development side-event: Engaging Industry through the Global Partnership on Marine Litter to deliver SDG14. (we were the only talk representing academia amongst high-level UNEP [Inger Andersen], major group representatives and policy makers), Online, July.

Panel member at One Ocean Hub WOW Event: Marine science-policy interface roundtable – Personal stories and lessons learnt (2020). Online event, June.

Pahl, S. (2020). *How can psychology help with coastal and marine issues?* Invited talk at Coastal Futures 2020. Review and Future Trends. London, January.

2019

Pahl, S. (2019). *Approach for the stocktaking of existing activities and actions towards long-term elimination of discharges into the oceans, to reduce marine plastic litter and microplastics by relevant contributors*. Third meeting of the ad hoc open-ended expert group on marine litter and microplastics. Invited Talk. Bangkok, November.

Invited contributor to G7 France event *Microplastics in the Environment: Biomonitoring issues and socio-ecological challenges for public decision*, organised by the Ministry of Higher Education, Research and Innovation, Paris, France, specifically:

- a) Scientific Workshop, as a delegate of the UK government, and
- b) High-level closed roundtable, as a delegate of the EU Group of Chief Scientific Advisors Paris, October 2019.

Invited panellist on *the role of marine science to understanding and tackling the problem of new pollutants (including plastics and pesticides) in the marine environment* at EurOCEAN 2019. High-level science-policy conference co-organised by European Marine Board, the European Commission and the Intergovernmental Oceanographic Commission of UNESCO. Paris, June.

Pahl, S. (2019). *Marine Plastic Pollution: Changing behavior, engaging communities*. Invited talk at AZTI – SOPHIE project Summer School. San Sebastian, June.

Pahl, S. (2019). *The human dimension: Risk perception and communication*. GESAMP International Workshop on assessing the risks associated with plastics and microplastics in the marine environment. Geneva, May.

Pahl, S. (2019). *Theme 5: Behaviour*. DEFRA Marine Plastic Pollution Workshop and Evidence Review. Invited Talk. London, March.

Panel Member at *Plastics & You Day* discussion at Plymouth College of Art (2019). Plymouth, March.

Pahl, S. (2019). *The human dimension: How social and behavioural research can help conservation*. Invited talk at National Geographic Workshop in collaboration with the Max Planck Institute for Ornithology: *Making the Case for Nature - Animal Culture*. Radolfzell, February.

Pahl, S. (2019). *How can social and behavioural sciences help reduce marine litter?* Invited talk at Arctic Frontiers. Tromso, January.

Pahl, S. (2019). *Launch of SAPEA report*. Invited talk at “Experts Workshop: Environmental and Health Impacts of Microplastic Pollution - from scientific evidence to policy advice”. Brussels, January.

2017

Panel member representing social and behavioural sciences with Tamara Galloway, Brendan Godley (both University of Exeter), John Schofield (University of York), Erik van Sebille (University of Utrecht), discussion led by Liz Bonin, Galapagos Day, Galapagos Conservation Trust, London, Royal Geographical Society, November 2017

Pahl, S. (2017). *How environmental psychology can help address ocean plastic pollution*. Keynote Lecture for the Swedish Area Group Environmental Psychology. Uppsala, Sweden, November.

Pahl, S. (2017). *The human dimension: how behavioural sciences can help address plastic pollution in the environment*. Royal Society of Chemistry event “Microplastic Pollution: Everyone’s problem - but what can be done about it?” London, October.

This workshop was covered in *International Environmental Technology*, Nov/Dec 2017, Vol. 27(6); *Foundation for Water Research Newsletter* November 2017; *Royal Society of Chemistry Newsletter Water Forum*, Autumn / Winter 2017, Vol 18(2).

Pahl, S. (2017). *The human dimension: How behavioural sciences can help protect marine ecosystems*.

Workshop “Harnessing Citizen Behaviour Change to Protect Coral Ecosystems” hosted by UN Environment World Conservation Monitoring Centre in partnership with UN Environment, Pierre-Yves Cousteau and Reef World Foundation. David Attenborough Building, Cambridge, UK, September.

Pahl, S. (2017). On-stage cross-over dialogue between Engineering & SSH Research (panel discussion at the PERSON event “No Energy Transition without the Social Sciences and Humanities: Why a PERSONal approach is needed”). Brussels, Belgium, June.

Pahl, S. (2017). The human dimension: How social and behavioural research can help address marine litter. Summer School “Plastics in Marine and Freshwater Environments. UNESCO / International Centre for Water Resources and Global Change / BFG. Koblenz, Germany, July.

Pahl, S., & Thompson, R. C. (2017). Plastics in our Ocean: Science and Society. Port Eliot Festival, UK, July.

2016

Steg, L. & Pahl, S. (2016). Influencing Consumer’s Energy Behaviour Dublin. Consumers, Economics and Energy Systems Workshop. Energy Institute Dublin and ESIPP, Dublin, October.

Pahl, S. (2016) eViz: Energy Visualisation for Carbon reduction. Cardiff University School of Architecture.

Pahl, S., Hartley, B. & Thompson, R. C. (2016). Reducing Marine Litter together – Insights from the MARLISCO project. Southwest Waste and Recycling Forum. Portland, Dorset, June 2016.

Pahl, S. (2016). Interdisciplinary research for a sustainable energy transition: the energy visualisation (eViz) Project. Keynote speech for PERSON network at the EU Sustainable Energy Week, Brussels, Belgium, June.

Pahl, S., Wyles., K., Carroll, L. & Thompson, R. C. (2016). Fishing for Litter (FFL) Evaluation. DEFRA Seminar, London, UK, March.

Fuertes, A., Jones, R. & Pahl, S. 2016 DECC/GSR Innovative Methods Series; Gamification. Seminar and Showcase on enerGAware. London, UK, February.

2015

Pahl, S. (2015). eViz: Energy Visualisation for Carbon reduction. From virtual reality to thermal imaging. MENS meeting, London, UK, December.

Pahl, S. (2015). eViz: Energy Visualisation for Carbon reduction. Symposium in honour of Prof Cees Midden’s retirement. Eindhoven, Netherlands, October.

Pahl, S. (2015). eViz: Energy Visualisation for Carbon reduction. From virtual reality to organisational context. BuildTEDDI Annual event with Innovate UK and KTN. London, UK, October (video available from <https://tv.theiet.org/?event=3541>)

Pahl, S. (2015). Visualising Energy for Behaviour Change. Insights from the eViz Project. Cardiff University International Speaker Series, co-hosted by Psychology and Architecture, March.

Pahl, S. (2015). Applying psychology for a more sustainable future: From plastic litter in the ocean to energy efficiency. Invited keynote for School of Psychology Annual Conference. Plymouth University, June.

earlier

Pahl, S. (2013). Linguistic comparisons focus. Social Group, Exeter University, January.

Pahl, S. (2011, 3x). *The Psychology of Climate Change*. Talk given as Pacific Institute of Climate Change (PICS) Fellow at 1) the University of British Columbia, 2) University of Northern British Columbia and 3) University of Victoria, Canada, March.

Pahl, S. (2011). *Effective Behaviour Change*. Invited talk for “Sustainable Behaviour Change in Greater Manchester”, by Salford University, St Vincents Housing Association and Energy Saving Trust, February.

Pahl, S. (2010). *Psychological Distance - Exploring Construal Level Theory in the Context of Sustainability*. BPS Seminar Series Psychology of Sustainability, Cardiff, September.

Pahl, S. (2010, 2x). *The Psychology of Climate Change*. Carbon Action Network Annual Conference. 1) Glazier Rooms, London, June; 2) Manchester, October.

Pahl, S. (2004). *Wer vergleicht sich mit wem? Zur Rolle der Richtung sozialer Vergleiche. [Who compares with whom. On the role of comparison direction]*. University of Jena, Germany, January.

Pahl, S. & Eiser, J. R. (2003). *Aehnlichkeiten und Unterschiede zwischen Selbst und Anderen: Die Rolle des Vergleichsfokus*. [Similarities and differences between self and others: The role of comparison focus]. Social Cognition Group, University of Wuerzburg, Germany, June.

Symposia

Organised invited symposia for IAAP Environmental Division at ICAP Montreal 2018 (part of my role as Secretary of the Division).

S. Pahl, J. Goodhew, C. Boomsma, M. Fox & S. Goodhew, Plymouth University

Contributor to Energy Research and Social Science (ERSS) Symposium: Encouraging sustainable energy behaviour: insights from SSH research. Sharon Smit and Linda Steg, University of Groningen on behalf of PERSON (person.eu) May 2017.

Pahl, S. (August 2015). Energy Symposium convened for the Biennial Environmental Conference, Groningen.

Lead convenor for two symposia at *Our Common Future Under Climate Change*, Paris, July 2015:

1) Session 2240 Perceptions of Climate Change. Conveners : S. Pahl, A. Bostrom (Seattle, USA), G. Böhm (Bergen, Norway) with contributions from W. Poortinga et al. (Cardiff, United Kingdom), W. Bruine De Bruin et al. (United Kingdom), P. Hitayezu et al. (Pietermaritzburg, South Africa), G. Böhm (Bergen, Norway), R. Muttarak (Laxenburg, Austria); Panel discussion led by N. Pidgeon (Cardiff, United Kingdom), F. Otto (Oxford, United Kingdom)

2) Session 3316 Towards solutions that transcend technology and markets: The role of choices and behaviour change. Conveners: S. Pahl, A. Pegels (German Development Institute, Bonn, Germany), Y. Mulugetta (UCL, London, UK) with contributions from F. Creutzig (Berlin, Germany), A. Figueroa (Bonn, Germany), E. Fomba (Dschang, Cameroon), L. Steg (Groningen, NL), L. Whitmarsh (Cardiff, UK), F. Reusswig (Potsdam, Germany); Panel discussion led by M. Depledge (Exeter, UK).

Midden, C. & Pahl, S. (2013). *Persuasive technology*. Symposium convened for the Biennial Environmental Conference, Magdeburg, September 2013.

Pahl, S. (2010) *The role of visual images in sustainability communications*. Symposium convened for the 21st IAPS conference, Leipzig, Germany, July.

Pahl, S. & Jones, C. (2009). *The Social Psychology of Sustainability*. Symposium convened for the BPS Social Section Conference, Sheffield, UK, September.

Harris, P. & Pahl, S. (2002). *Optimism and Health*. Symposium convened for the BPS Health Section Conference, Sheffield, UK, September.

Talks in Symposia

SRA-Europe 2021:

Grünzner, M., Pahl, S., White, M. P. & Thompson, R. C. Expert Perceptions about Microplastics Pollution: Potential Sources and Solutions.

Nuojua, S., Pahl, S., Thompson, R. C. Consumer perceptions of single-use plastic packaging: Design for Circular Economy and end-of-life scenarios.

Pahl, S (2019). *Social psychology contributions to global environmental challenges: From energy efficiency to marine environments*. In Symposium Contributions of Social Psychology to the Solution of Pressing Societal Problems, organized by K. Sassenberg at the International Convention of Psychological Science (ICPS) under the auspices of the European Association of Social Psychology. Paris, March.

Pahl, S., Boomsma, C., Goodhew, J. & Jones, R. (2017). *How can we help people save energy in challenging organisational contexts? An exploratory feasibility study on energy visualisation in social services offices*. In symposium "Environmental behaviour in the organizational context" organised by Angela Ruepert, International Conference on Environmental Psychology.

Fox, M., Pahl, S., Goodhew, J., Boomsma, C. & Goodhew, S. (2016). *Lessons on visual feedback from the eViz Project: The evidence for using thermal images as a visual intervention*. BuildTEDDI Feedback symposium. Edinburgh, UK, July.

Pahl, S. et al. (2012). *Restorative Effects of Water Environments*. Talk invited for Symposium on Restorative Environments. International Congress of Psychology, Capetown, South Africa, July.

Tanja-Dijkstra, K., Pahl, S., & White, M. (2011). *Virtual nature and dental anxiety*. 9th Biennial Conference on Environmental Psychology. Eindhoven, The Netherlands, September.

Pahl, S. & Boomsma, C. (2011). *Optimism, Pessimism, and Engagement with Global Environmental Change*. 9th Biennial Conference on Environmental Psychology. Eindhoven, The Netherlands, September.

Pahl, S. & Ashurst, E. (2010). *Overcoming psychological distance in sustainability through explaining climate change and visualising pro-environmental behaviours*. 21st IAPS conference, Leipzig, Germany, July

Andrade, J., Pahl, S., Boomsma, C. & May, J. (2010). *How images motivate human behaviour*. 21st IAPS conference, Leipzig, Germany, July

Pahl, S., Bauer, J., & Zhou, M. (2009). *Perspective Taking and Engagement with Environmental Issues*. BPS Social Section Conference, Sheffield, UK, September.

Pahl, S. (2008). *Self as Subject or Referent in Self-Other Comparisons?* BPS Social Section Conference, Dublin, Ireland, April.

Pahl, S. & Eiser, J. R. (2002). *Unrealistic optimism: Towards a cognitive explanation*. BPS Health Section Conference, Sheffield, UK, September.

Pahl, S. & Eiser, J. R. (2002). *How positive and distinctive is the self: Using self and others as reference points in comparisons*. European Association for Experimental Social Psychology General Meeting, San Sebastian, Spain, June.

50 + other talks and posters, e.g.,

- Nuojua, S., Pahl, S., Thompson, R. C., Wyles, K. (2021). *Using Virtual Reality to Connect with the Ocean*. International Conference on Environmental Psychology. Siracusa, October.
- Cracknell, D., Nuojua, S., Wyles, K., Pahl, S. (2021). *Plastic Pollution Solutions: Gains and Gaps (A scoping review)*. International Conference on Environmental Psychology. Siracusa, October.
- Pahl, S., Goodhew, J., Bacosa, H., Creencia, L. & Thompson, R. C. (2020). A snapshot of global actions to reduce the flow of (micro)plastic to the ocean from the UNEP stock-taking exercise 2020. MICRO conference. Online, November.
- Pahl, S., Hartley, B. & Thompson, R. C. (2018). *Exploring views on marine litter in Europe: Perceived causes, consequences and pathways*. International Congress of Applied Psychology (ICAP). Montreal, June (also presented at IAPS, see below).
- Wyles, K. J., Pahl, S., Kohler, P., Van Sebille, E., Leutenegger, S., Gorissen, D., Eyles, L. (2018). *Citizen Science: A Tool To Not Only Gather Scientific Data But Also To Raise Awareness And Promote Behaviour Change*. International Association of People-Environment Studies (IAPS). Rome, July.
- Mishra H.S., Bell S., Vassiljev P., Pahl S. (2018). *The BlueHealth Behavioural Observation Tool (BBAT): Development and application of a systematic observational procedure to map blue space affordances*. International Association of People-Environment Studies (IAPS). Rome, July.
- Martin L., Pahl S., White M., May J. (2018). *Natural Environments and Craving: the Mediating Role of Negative Affect*. International Association of People-Environment Studies (IAPS). Rome, July.
- Represented Behavioural Sciences at University of Plymouth London Showcase, November 2017.
- Sheppard, S. R. J., Mathew, D. I., Westerhoff, L. & Pahl, S. (2017). Cool Tools: Increasing uptake on home energy retrofits using large scale thermal imaging. BECC Conference, USA.
- Pahl, S., Hartley, B., Thompson, R. C. (2016). *Addressing marine litter: Results from a Europe-wide survey on the problem and potential solutions*. International Association of People-Environment Studies (IAPS). Lund, June/July.
- Wyles, K., Hattam, C., White, M. P., Pahl, S., Austen, M (2016). *Is environmental citizenship a function of values and people's appreciation of ecosystem services?* International Association of People-Environment Studies (IAPS). Lund, June/July.
- Wyles, K., Hattam, C., White, M. P., Pahl, S., Austen, M. (2016). *Understanding the importance of nature: Does it influence how restorative an environment can be?* International Association of People-Environment Studies (IAPS). Lund, June/July.
- Boomsma, C., Jones, R., Pahl, S., Fuertes, A. (2016). *Exploring relationships between housing conditions, energy consumption, health and well-being among social housing tenants: Findings from the EnerGAware project*. International Association of People-Environment Studies (IAPS). Lund, June/July.
- Wyles, K., Pahl, S., & Thompson, R.C. (2016). A psychological approach to marine litter: The impacts litter has on human well-being and what individuals can do about it. Cognition Institute Conference, Plymouth, UK, July.
- Pahl, S., Hartley, B., Holland, M. & Thompson, R. C. (2016). *Addressing Marine Litter: Results from a Europe-wide survey on the problem and potential solutions*. International Association of People-Environment Studies Conference. Lund, Sweden, June.
- Wyles, K., Hattam, C., White, M., Pahl, S., & Austen, M. (2016). *Understanding the importance of nature: Does it influence how restorative an environment can be?* International Association of People-Environment Studies Conference, Lund, Sweden, June

Wyles, K., Hattam, C., White, M., Pahl, S., & Austen, M. (2016). Is environmental citizenship a function of values and people's appreciation of ecosystem services? International Association of People-Environment Studies Conference, Lund, Sweden, June.

Pahl, S., Anderson, A., Grose, J., Wyles, K. & Thompson, R. C. (2016). Microplastics in cosmetics: Exploring perceptions of environmentalists, beauticians and students. MICRO16 conference. Lanzarote, Spain, May.

Wyles, K., Pahl, S., Carroll, L., Holland, M., & Thompson, R.C. (2016). The wider benefits of cleaning up marine plastic: two psychological studies examining the direct impacts of beach cleans and fishing for litter on the volunteers. Micro16, Lanzarote, Spain, May

Wyles, K., White, M., Hattam, C., Pahl, S., King, H., & Austen, M. (2015). Restorative visits: The role of connectedness to nature and quality & type of Environment Visited. Biennial Conference on Environmental Psychology, Groningen, the Netherlands, August.

Wyles, K., Pahl, S., & Thompson, R.C. (2014). Psychology of marine litter. Marlisco Forum, London, UK, December.

Pahl, S., Wyles, K., & Thompson, R. C. (2014). What's in it for me? The psychological benefits of engaging in beach cleans. International Congress of Applied Psychology, Paris, France, July.

Pahl, S., Hartley, B. & Thompson, R.C. (2014). European views of an ocean-related risk: The case of marine litter. Society for Risk Analysis – Europe conference. Istanbul, Turkey, June.

Wyles, K., Pahl, S., & Thompson, R. C. (2014). What's in it for me? The psychological benefits of engaging in beach cleans. International Association People-Environment Studies, Timisoara, Romania, June.

Hartley, B., Pahl, S., & Thompson, R. (2013). *Threats to the marine environment: Collective efficacy reduces barriers to engagement*. Paper presented at the 10th Biennial Conference on Environmental Psychology, Magdeburg, Germany, September.

Hartley, B., Pahl, S., & Thompson, R. (2013). *Engaging society to reduce marine litter*. Poster presented at the European Marine Science Educators Association Conference, Plymouth, September.

Hartley, B., Pahl, S., & Thompson, R. (2013). *Engaging society and experts to reduce marine litter*. Paper presented at the Marine Institute Conference, Plymouth, June.

Hartley, B., Pahl, S., & Thompson, R. (2013). *MARLISCO: European-wide survey on marine litter perceptions*. Poster presented at the Institute for Sustainability Solutions Research, Plymouth, April.

Hartley, B., Thompson R., & Pahl, S. (2013). *MARLISCO: Marine litter in European seas: Social awareness and co-responsibility*. Poster presented at the International Conference on Prevention and Management of Marine Litter in European Seas, Berlin, April.

Reviewer, Media and Professional Memberships

Editorial Board Member

Environment & Behaviour; Journal of Environmental Psychology; Microplastics and Nanoplastics frontiers Environmental Psychology; frontiers Personality and Social Psychology

Reviewer and related roles

Grants and funding proposals

European Commission, National Science Foundation (NSF, USA), Economic and Social Research Council (ESRC, UK), Sustainable Management of Marine Resources, NERC Member of the UKRI SSMR Programme Advisory Board since 2020; Engineering and Physical Sciences Research Council (EPSRC, UK), Social Sciences and Humanities Research Council (SSHRC, Canada), Research

Foundation Flanders (FWO Vlanderen, Belgium), Katholieke Universiteit Leuven, Department of Environment, Farming and Rural Affairs (DEFRA).

Peer-review journals

Scientific Reports; Marine Pollution Bulletin; Psychology & Health; Personality and Social Psychology Bulletin; Journal of Experimental Social Psychology; European Journal of Social Psychology; Journal of Environmental Psychology; Energy Policy; Environment & Behaviour; Experimental Psychology; Risk Analysis; Motivation and Emotion; European Psychologist; Journal of Happiness Studies; Australian Journal of Psychology; Zeitschrift für Sozialpsychologie; Energy Efficiency; Social and Personality Psychology Compass; Global Environmental Change; Nature Climate Change; Journal of Applied Social Psychology; Frontiers; Plos ONE; Landscape research; Psychological Reports; Weather, Climate and Society; Climatic Change; Climate Risk Management; fiooo; European Journal of Marketing; Lancet Planetary Health.

Doctoral Schools

CoBeNe, University of Vienna, 2020/2021; SSHRC Doctoral Competition 2020/2021,

External assessor for promotion to Reader, University of Surrey, External Evaluator and Reviewer for Associate professorial roles internationally, e.g., UK, USA, Norway.

Book: "Jobs, technology and people" by Nik Chmiel. Routledge Publishers, London.

Media Coverage (selected)

BBC news (live lunchtime TV interview); Le Monde; BBC World Service "The Enquiry"; BBC Radio 4 "The Briefing Room"; Deutsche Welle (<https://www.dw.com/en/eu-eyes-high-tech-cleanup-for-plastic-pollution-in-rivers/a-41653886>); Washington Post, Sueddeutsche Zeitung, UN Environment News (<https://www.unenvironment.org/news-and-stories/story/picking-litter-pointless-exercise-or-powerful-tool-battle-beat-plastic>); National Geographic (<https://news.nationalgeographic.com/2018/05/fishermen-kerala-india-recycle-plastic-pollution-culture/?beta=true>); The Guardian G2, BBC Radio 4 "More or less", BBC Environment (web-site), Daily Telegraph, Daily Mail, i, Belfast Telegraph, Irish Independent, Irish Examiner, Western Morning News, The Herald, Die Zeit, ORF, der Kurier, der Standard, Servus TV (forthcoming)

Podcasts

June 2021

- Der Standard, Edition Zukunft: "Warum uns Müll auf der Straße so sehr stört" <https://www.derstandard.at/story/2000127579098/computer-statt-arzt-wie-kuenstliche-intelligenz-die-medizin-veraendert> (Titel does not appear to match topic, but the link is indeed to my podcast)
- Audimax, University of Vienna: "Menschen sind gut darin Probleme zu bewältigen" <https://medienportal.univie.ac.at/uniview/wissenschaft-gesellschaft/podcast-detail/artikel/audimax-menschen-sind-gut-darin-probleme-zu-bewaeltigen/>

Professional Memberships

International Association for People-Environment Studies (IAPS); Restoration Network IAPS; Deutsche Gesellschaft für Psychologie (DGPs); European Association for Decision Making (EADM); European Association of Experimental Social Psychology (EASP); Society for Personality and Social Psychology (SPSP)

Teaching & Administration

Teaching

Vienna

Vorlesungsübung Cognitive and Neuropsychology: Environmental Psychology since 2020
 Fachliteraturseminar, Bachelor-, Anwendungs- and Masterseminare
 since 2020

PhD dissertation seminar

Plymouth

Behaviour Change Skills Seminar (MSc / MPsych)

Lectures in Core Modules Relationships across the lifespan; Social Psychology and Social Cognition; Social Psychology: Social Influence and Self in Social Context; Options course: Social Comparison (3rd Year), Individual Differences; Research Methods Practical Lecture on Communicating for Behaviour Change: Marine Litter (2nd Year); Research-inspired teaching: Environmental Psychology; Health and Wellbeing benefits from Nature (1st Year)

Elective Skills Seminar "Designing Public Places", "Psychology of Sustainability" (2nd Year)

Supervision of Final Year Students (BSc Hons Psychology; 8 students per year on average) and Master's students (Psychological Research Methods and Conversion; 2 students per year on average) mainly in Social and Environmental Psychology.

Setting, marking and moderating written exams and coursework

Erlangen

Lecture course General Introduction to Psychology (1st Year)

1st Year reading course Social Psychology I and II

3rd Year seminar courses "Psychology of the Self", "Environmental Psychology" and "The Social Psychology of Health"

Experimental and Field Practicals; Tutorials

Supervision of final year Diplom students in Social, Health and Environmental Psychology

Setting and marking of written exam papers and oral exams, Invigilation

Sheffield

3rd Year lectures and seminars in Environmental Psychology

2nd and 3rd year demonstrating in Social Psychology, Thinking and Reasoning and SPSS/Statistics; 1st year tutorials.

Marking, collating marks and second marking various assignments and exam papers.

Exeter

Field Practicals in primary schools; Tutorials; Computing and statistics helpdesk.

Administrative experience & Scholarly Services

Deputy head in the Institute Institute for the Psychology of Cognition, Emotion and Methods, Faculty of Psychology, University of Vienna since 2020

External examiner on MSc course Environmental Psychology, University of Surrey, UK 2019-2020

Chair or Panel Member on interview panel for academic positions at Plymouth University, University of Exeter (ECEHH) and Plymouth Marine Laboratory

Plymouth

Module lead for PSYC514 and PSYC704 UG/MSc programme	since 2019
Module lead for PSYC414, immersive module on new UG programme	since 2018
Member of the Strategic teaching restructuring committee	since 2017
Lead for Environment, Society and Behaviour Strand for the Cognition Institute	since 2015
PSY502 (Social Psychology and Individual Differences) Master's module leader	since 2012
Represented the School at open days, Science and Technology showcases etc.	since 2010
Member of Management Team, Institute for Sustainability Solutions Research (ISSR)	2011-2016
Member of School of Psychology Research Committee	2009-2014
Final Year dissertations module leader	2009 - 2012
Member of Faculty of Science and Engineering Internationalisation Committee	2009-2012
Established School Internationalisation Strategy and Committee	2010
International Exchange Representative: Set up additional Erasmus and US Exchanges and agreements, organised visit by US students on fieldtrip, international tutor	since 2007
Chair and panel member for recruitment in the School of Psychology & Medical School	since 2008
Extenuating Circumstances Committee	2006-2007
Invited Seminar Series organiser	2006-2007

Other interests & back story

The outdoors (land and water-based activities), nature and wildlife, travel, languages, travel literature especially women pre 1950s in the East. I was a member of the Plymouth University Staff sailing committee during my time at the University of Plymouth.

I came to Psychology via a bit of detour, first completing professional training as a bookseller after I left school, really enjoying being responsible for the travel book section in my final year. (My family thought that I should learn "something solid" and earn my own money before going to university - but I deviated from the original idea of bank clerk). Then I started a degree in social work, because I wanted to understand people's lives in the context of their social circumstances, and the legal and policy context. But this wasn't quite what I had expected and I realised increasingly that I liked applying a scientific perspective. I had come across Psychology by then and was intrigued by the variety of questions the discipline asks, the diverse theories and methods and potential for application and impact. I applied and didn't really expect to get into the course (Psychology is a very competitive subject in Germany), so I was super-excited when I got my letter of admission. I have never looked back and love exploring the richness of my home discipline, while also pushing it beyond its disciplinary borders, because I think the science of human thought and behaviour has so much to offer! Environmental Psychology is perfect for me because I can beg and borrow from all areas of psychological theories and methods while aiming at making a difference for our beautiful planet.